

# HOOF BEATS



THE QUARTERLY NEWSLETTER OF  
RISING STARR HORSE RESCUE

SUMMER 2023 VOL 9

Lessons \* Leasing \* Life Coaching \* Team Building \* School and Youth Programs \* Volunteer Opportunities

## TICKETS ON SALE NOW!

Join us for our 5th annual Gala on Friday, September 8th at the farm. Meet and Greet with some of the rescue horses during cocktail hour and watch a farrier demonstration. Enjoy Dinner, DJ, Dancing and Live and Silent Auctions in our indoor arena. We are looking for sponsors and auction donations. ***If you are interested in being a sponsor or have items to donate for the Live or Silent Auctions, please contact RSHR.EVENTS@gmail.com***



[www.starrynightgala.givesmart.com](http://www.starrynightgala.givesmart.com)



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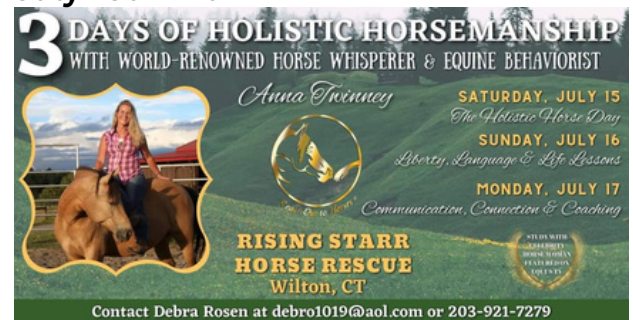
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## UPCOMING EVENTS

July 9th: Painting with Horses (see p.4)

July 15th-17th:



Anna Twinney is the founder of the internationally operating Reach Out to Horses program, a holistic training concept involving horsemanship, body language, energy healing, and animal communication. She was born in Germany where she grew up loving adventures with her horse Ringo. **Contact Debra Rosen at [debro1019@aol.com](mailto:debro1019@aol.com) or 203-921-7279 to register.**

July 22nd: Wilton Street Fair

August 26th-28th: Hampton Classic



HOORAH

# FEATURED RESCUES



BRANDY



HOORAH on intake



BRANDY on intake

In late August of 2022, Rising Starr received a call about a sanctuary in New Jersey called Twist of Fate. The owner of Twist of Fate had ceased taking care of the animals on the sanctuary. Dozens of animals were left starving and without access to any water. Hoorah and Brandi came to Rising Starr extremely underweight. On a scale of 1 to 9 Hoorah and Brandi were a 1. They were given a 20% chance of survival by our veterinarian. They are the most amazing kind horses. We are desperately looking to find them a forever home. They are both healthy, happy, and a joy to be around. Sound, no medication is necessary other than love and good food. The journey for these horses has been one of the most horrific cases we have seen. These two souls have not only gained weight but have found a relationship with each other that is tangible. You can see it and feel it. They are finally ready for adoption. But.. they must find a forever together. We have had many inquiries on Hoorah. He is never without his lady. It's most likely the only anything he has ever had. So these two magic horses are looking for a together forever.



## VOLUNTEER SPOTLIGHT

Grace K. has been volunteering at Rising Starr since 2021. If you ask her who is her favorite horse, she is quick to tell you, "All of them!" Grace has began volunteering with RSHR after her Sister-in-Law signed her up. Thank you Grace for always bringing a smile to all the horses and everyone in the Rising Starr family!



# HAY IS FOR HORSES

Horses primarily consume hay as a significant portion of their diet. Hay is dried grass or legume fodder that is harvested and preserved for animal feeding. There are several types of hay commonly fed to horses, each with its own characteristics and nutritional profiles. Here are some of the different types of hay that horses eat:

**Timothy Hay:** Timothy hay is one of the most popular and widely available types of hay for horses. It is a grass hay known for its high fiber content and low protein and energy levels. Timothy hay is commonly fed to horses with low activity levels, easy keepers, or those prone to obesity.

**Orchard Grass Hay:** Orchard grass hay is another grass hay variety commonly fed to horses. It has a similar nutritional profile to timothy hay, but with slightly higher protein levels. Orchard grass hay is highly palatable and often suitable for horses of all ages and activity levels.

**Alfalfa Hay:** Alfalfa hay is a legume hay that is richer in protein, calcium, and energy compared to grass hays. It is often used to supplement the diet of horses with higher nutritional requirements, such as growing foals, lactating mares, or horses in intense training. However, due to its higher calorie content, alfalfa hay should be fed in moderation to horses prone to weight gain or metabolic issues.

**Clover Hay:** Clover hay is another legume hay that can be fed to horses. It has a similar nutritional profile to alfalfa hay, but with slightly lower protein content. Clover hay is often used as a source of high-quality forage for horses with increased protein needs, such as growing horses or broodmares.

**Bermuda Grass Hay:** Bermuda grass hay is a warm-season grass hay that is common in some regions. It has moderate protein levels and good digestibility. Bermuda grass hay can be suitable for horses in moderate work or those requiring a forage source with moderate energy content.

**Coastal Hay:** Coastal hay is a type of warm-season grass hay, similar to Bermuda grass hay. It is often cultivated in coastal regions and provides a good source of forage for horses. Coastal hay typically has moderate protein and energy levels and can be suitable for a variety of horses.

These are just a few examples of the types of hay commonly fed to horses. The choice of hay depends on factors such as the horse's age, activity level, nutritional requirements, and availability of hay in the local area. It's important to consider the specific needs of individual horses and consult with a veterinarian or equine nutritionist to determine the most appropriate type of hay for a particular horse.



RISING STARR HORSE RESCUE  
PAINTING FUNDRAISER

ON SITE AT THE FARM  
93 Silver Spring Road  
Wilton, CT 06897

**SUNDAY, JULY 9TH 10AM to 3PM**

Join us for a day of painting our beautiful, rescued horses. outdoors on the farm!

Take a tour of the rescue and meet our horses.  
There will be an overview of drawing horses in several poses.

\$50 each participant.  
Canvas and all materials supplied.  
Adults and children 12 yr. old and up.  
Please bring your own lunch and drink.

(Rain brings us into the Riding Ring with several horses to draw and paint.)  
Limited to 10 participants

**Pre-registration required**

**Visit [www.PaintingHorses.givesmart.com](http://www.PaintingHorses.givesmart.com) to sign up**